

# BROADENING HORIZONS

## Opportunities and Challenges

*I will have participated in the opportunities and challenges to ...*

**LEVEL**

Reach level 3 in most of the Independent Living Skills ladders

Explore local places: beach, woods, hills, town and parks

Watch a live arts performance in school

Choose a drink and snack in a cafe and sit nicely at the table

Learn how to make myself feel better

Experience the music, art, dance, literature and food of other cultures

Use ICT and understand the importance of e-safety

Perform in front of an audience

Learn how to care for animals

Plant, grow and harvest flowers and vegetables

Try out different types of play apparatus

Learn how to ride a scooter and a bike

**BRONZE LEVEL**

Achieve 10 out of these to complete the level

